Taekwondo Europe
European Taekwondo Championships

8 – 11 April 2021

Sofia | Bulgaria

G4

WARNING

Entry Requirements:

- Foreigners who meet the conditions for entry into Bulgaria as per the Law on Foreigners **MUST present a negative PCR test** for SARS-COV-2 virus not older than 72 hours until arrival at the border crossing point of Bulgaria.
- Currently, when entering Bulgaria, no quarantine or self-isolation measures are required if a negative PCR Test is presented, while upon entering Bulgaria, all persons are obliged to follow the instructions and respect all orders of the competent epidemiological and health authorities (social distance, protective masks, hand disinfection, etc.).
- More information can be found at:
  https://www.tourism.government.bg/en/kategorii/covid-19
  https://www.mfa.bg/en/

Fines for Non-Compliance:

- All participats may be fined for not wearing or improperly wearing a mask in public indoor spaces or outdoors.
- Businesses may also be fined for improper social distancing, poor disinfection, or non-observance of reduced working hours.

Event Format:

The European Taekwondo Championships 2021 will take place with a bio-secure bubble format. That means that all participants (athletes, coaches, trainers, officials, referees, staff, etc.) will be allowed to enter the event premises by presenting a negative PCR test. Participants that fail to present a negative PCR test will not be allowed access until the are tested.

IMPORTANT: Participants are NOT allowed to exit or leave the event premises until they complete their play or duties and they depart. Participants that exit or leave the quarantined premises before their departure will be automatically disqualified; them and their team in total. NO EXCEPTIONS APPLY.

⚠**PLEASE FIND EVENT HEALTH PROTOCOL SENT ALONG WITH THIS OUTLINE**⚠

COVID-19

PROMOTER

Taekwondo Europe
✉ info@worldtaekwondoeurope.org

SANCTIONED BY

World Taekwondo
10th Floor, Booyoung Taepyung Building
55, Sejong-daero, Jung-gu, Seoul
Republic of Korea 04513

GLOBAL RANKING

G4

ORGANIZER

Taekwondo Bulgaria
Blvd Vasil for Levski # 75 1000
Sofia,Bulgaria
☏ +359 884 423 016
office@taekwondo-bulgaria.org
http://taekwondo-bulgaria.org/

VENUE

Hotel Ramada Sofia City Center
Address: bulevard "Knyaginya Maria Luiza" 131, 1202 Sofia Center, Sofia;
Map: https://goo.gl/maps/afH5zccEPWKTV2bt6

REGISTRATION & ACCREDITATION

6 – 8 April 2021
06 May: 14:00 – 18:00 hrs
07 May: 09:00 – 13:00 hrs and 14:00 – 18:00 hrs
08 May: 09:00 – 13:00 hrs

Location: Hotel Ramada Sofia City Center

ATTENTION

⚠You need to BOOK an APPOINTMENT for Registration & Accreditation

⚠To BOOK your appointment please follow the link below:

https://forms.gle/AjgWjgdm78tf5oe47

COMPETITION DATES & SCHEDULE

8 – 11 April 2021

08 May: Male -54 kg, -58 kg, Female -46 kg, - 49 kg
09 May: Male -63 kg, -68 kg, Female -53 kg, -57 kg | Team Competition
10 May: Male -74 kg, -80 kg, Female -62 kg, -67 kg
11 May: Male -87 kg, +87 kg, Female -73 kg,+73 kg

09:00 – 13:00 Preliminary fights
13:00 – 17:00 Preliminary fights & Semi finals
17:00 – 19:00 Finals, Medals Ceremony

Location : Hotel Ramada Sofia City Center

WEIGH-IN DATES, SCHEDULE & LOCATION

07 – 10 April 2020, 10:00 – 13:00 hrs

07 May: Male -54 kg, -58 kg, Female -46 kg, - 49 kg
08 May: Male -63 kg, -68 kg, Female -53 kg, -57 kg | Team Competition
09 May: Male -74 kg, -80 kg, Female -62 kg, -67 kg
10 May: Male -87 kg, +87 kg, Female -73 kg,+73 kg

Location: Hotel Ramada Sofia City Center

ATTENTION

⚠You need to BOOK an APPOINTMENT for your team to pass the weigh-in

⚠To BOOK your appointment please follow the link below:

https://forms.gle/Py7sDVHHqMDgVVPe9

RANDOM WEIGH-IN

Random weigh in will start at **08:00 hrs.**
The names of the athletes selected for the Random Weigh-in will be published at **07:00 hrs** on the competition day on the following (social) media platforms:
www.worldtaekwondoeurope.com
www.facebook.com/tkdeurope

ATTN: Due to COVID-19 restrictions only selected athletes can be present at the weigh-in areas

DRAW SHEETS & BRACKET PUBLICATION

The draw sheets and brackets will be daily published, one (1) day before the start of competition at 21:30 hrs on the following (social) media platforms:
www.worldtaekwondoeurope.com
www.facebook.com/tkdeurope

SEEDING

Seniors: All athletes will be seeded according to the latest available WT World Ranking.

HEAD OF TEAM MEETING

The Head of Team meeting at the Taekwondo Europe G4 European Taekwondo Championships | Sofia 2021 will take place on April 7th at Hotel Ramada. Exact time and Hall will be announced in due time. All information will be published also on the following (social) media platforms:
www.worldtaekwondoeurope.com
www.facebook.com/tkdeurope

COMPETITION RULES

WT Competition Rules & Interpretation, in force as of October, 2020

COMPETITION SYSTEM

Single elimination tournament system.

CONTEST TIME

3 rounds of 2 minutes, 1-minute break between each round

The WT Technical Delegate has the authority to adjust the contest time as he sees fit.

GENERAL ELIGIBILITY REQUIREMENTS

Each National team can send one (1) male and one (1) female athlete per weight category to compete in the Taekwondo Europe European Taekwondo Championships 2021.

ELIGIBILITY REQUIREMENTS

1. Holder of a valid 2021 WT Global Athlete License;
2. Member of the National team of a pertinent Member National Association, recognized by Taekwondo Europe or World Taekwondo, a letter from the federation may be requested;
3. Holder of the nationality of the pertinent Member National Association
4. Holder of Kukkiwon Dan certificate
5. An athlete in order to be eligible for participation must be born in 2004 or before. All competitors must prove their age by presenting their passport or identification card at the official weigh-in. For those athletes that are not adults, a written consent must be submitted (please find enclosed on the last pages) at the registration, signed by one of the parents or legal guardians, accepting their participation and all parts of the official invitation.

REFUGEE ELIGIBILITY REQUIREMENTS

If a refugee wishes to compete at the Sofia 2021, he/she individually or the MNA he/she belongs to has to send the relevant request to World Taekwondo Europe, by submitting the following documents:

1. The eligible refugee athlete must have official refugee status before the entry deadline of the event, meaning that an athlete whose status is in process of examination will not be accepted to compete.

2. The refugee certificate issued by either governmental authorities of current residing country or the UNHCR will only be accepted.

3. In addition to the certificate, official endorsement letter from MNA of current residing country must be presented.

4. To register the refugee athlete, the abovementioned required documents shall be submitted to the WTE Sport Department at info@worldtaekwondoeurope.org. All such requests are examined, by the relevant WTE Committee, at a standalone basis per event. After the Committee examines the request, WTE refers back with the outcome of the Committee and if it is positive, then WTE registers the athlete at the event under the Refugee Team.

COACH ELIGIBILITY REQUIREMENTS

1. Minimum age of 18 years;
2. Holder of the WT Coach Certification Level II (granted by participation in a WT recognized Coach Seminar);
3. Holder of a valid 2021 WT Global Official License;
4. Coach is not allowed wearing Dobok.

MEDICAL STAFF ELIGIBILITY REQUIREMENTS

1. Minimum age of 18 years;
2. Holder of the WTE Medical License;
3. Holder of a valid 2021 WT Global Official License.

MEDAL EVENTS

The following medal events are applicable:

WEIGHT DIVISIONS			
Male categories		**Female categories**	
Under 54kg	Not exceeding 54kg	Under 46kg	Not exceeding 46 kg
Under 58kg	Over 54 kg & Not exceeding 58 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg
Under 63kg	Over 58 kg & Not exceeding 63 kg	Under 53kg	Over 49 kg & Not exceeding 53 kg
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 57kg	Over 53 kg & Not exceeding 57 kg
Under 74kg	Over 68 kg & Not exceeding 74 kg	Under 62kg	Over 57 kg & Not exceeding 62 kg
Under 80kg	Over 74 kg & Not exceeding 80 kg	Under 67kg	Over 62 kg & Not exceeding 67 kg
Under 87kg	Over 80 kg & Not exceeding 87 kg	Under 73kg	Over 67 kg & Not exceeding 73 kg
Over 87kg	Over 87 kg	Over 73kg	Over 73 kg
TEAM COMPETITION			
Male TEAM		**Female TEAM**	
total weight of 4 competing athletes shall be 300kg or less		total weight of 4 competing athletes shall be 260kg or less	
Mixed TEAM			
The total weight of 2 female athletes shall be 135kg or less			
The total weight of 2 male athletes shall be 160kg or less.			

TEAM COMPETITION INFO

Method of Team Competition is a mixture of traditional team match format and tag-team match format.

1 Mixture of Traditional Team Match format and Tag-team Match format:
1.1 In order to form the team, each team must enter 4 athletes in minimum and in maximum of 5 athletes including 1 substitute.
1.1.1 For Mixed Gender Team: each team must enter 2 female athletes and 2 male athletes in minimum.

1.2 Each team can designate 4 starting athletes and 1 substitute athlete per contest. The athletes shall be numbered from 1 (lightest) to 4 (heaviest).

1.3 All the contests shall be carried out for 4 rounds (4 minutes of 1st round, 3 minutes of 2nd round, 4 minutes of 3rd round, and 4 minutes of 4th round) with 1 minute break between rounds.

1.3.1 For Mixed Gender Team: All matches shall be carried out for 3 rounds (4 minutes of 1st round, 3 minutes of 2nd round & 3rd round) with 1 minute break between rounds.

1.4 The 1st round shall be conducted based on traditional team match format for one (1) minute per competition. It means that the athletes shall compete against his/her counterparts of the opposing team (same numbered athlete) in the order from lighter to heavier. Final score of each team that is total points scored by all athletes of the team shall be accumulated.

1.5 The 2nd round shall be conducted for 3 minutes based on the order of 3 athletes that the coach has submitted half an hour prior to the contest. However the first contestant of the 2nd round shall be chosen between the number 1st or 2nd contestant and the number 1st contestant shall not be allowed to compete as the contestant of 2nd or 3rd order of the 2nd round.

1.6 The 3rd and 4th rounds shall be conducted for 4 minutes based on tag-team match format. The numbers of replacement shall be allowed in maximum of 12 times per round of 4 minutes regardless of order. Replacement during 3rd and 4th rounds can only be made if the match is reasonably interrupted and must stay in minimal 20 seconds before every replacement.

1.6.1 For Mixed Gender Team: The 2nd round shall start with choice of Chung's female athlete and 3rd round shall start with choice of Hong's female athlete based on tag-team match format for 3 minutes, and the other side must match same gender for every bout. The unlimited numbers of replacement shall be allowed but must stay in minimal 20

seconds before every replacement. Replacement can only be made if the match is reasonably interrupted.

1.7 The team that scores more points in accumulation of the 1st, 2nd, 3rd, and, 4th round shall be declared as the winner, in case of tie score after all 4 rounds, golden round shall be carried out on tag-team format, the team that scores the first four points shall be declared as winning team.

1.7.1 For Mixed Gender Team: The team that scores more points in accumulation of the 1st, 2nd, and 3rd round shall be declared as the winner, in case of tie score after all 3 rounds, golden round shall be carried out on tag-team format, the team that scores the first four points shall be declared as winning team.

1.8 The team that reaches 40 “Gam-jeom” in total shall be declared as loser at any time during the competition.

1.8.1 For Mixed Gender Team: The team that reaches 30 “Gam-jeom” in total shall be declared as loser at any time during the competition.

1.9 No point gap in team competition

2 Substitute(s)

2.1 Each team may bring maximum five (5) athletes including one (1) substitute. Only one (1) substitute is allowed to stand by for each team match and can replace any of the four (4) competitors for once after the first round of match

2.2 In case of injury during the event, form of three (3) athletes still can be composed as a team and compete; however, 10 points will be given to opponent in 1st round.

2.3 Less than four (3) athletes in each team shall be disqualified.

3 System of Team Competition is classified as follows:

3.1 Single elimination tournament system with full repechage shall be applied for all divisions.
3.2 Only top 2 male teams, female teams, and mixed gender teams of the event shall be seeded.
3.3 All rest of teams shall be unseeded.
3.4 All losers from quarter final in male, female & mixed gender divisions shall have a chance to advance in bronze medal contest. (Full repechage)

4 Procedure of the contest:

4.1 Each team shall be called at Athlete Calling Desk three times beginning thirty (30) minutes prior to the scheduled contest.
4.2 Each team shall submit the order of the contestants for the 1st round match based on the weight of each athlete (lighter to heavier) to the responsible technical official designated. The number of order shall be put on trunk protector of each contestant for identification. The substitute athlete shall be given the number '5'.
4.3 Four (4) starting athletes and one (1) substitute of each team shall march in together with two (2) coaches and one (1) team doctor.
4.3.1 For Mixed Gender Team: Four (4) athletes of each team shall march in together with two (2) coaches and one (1) team doctor.
4.4 The center referee shall call "Chung, Hong." Both teams shall enter the contest area with their head PSS firmly tucked under their left arms facing each other.
4.5 Following the referee's command "Cha-ryeot" and "Kyeong-rye", both teams shall make a standing bow to each other.
4.6 The first competitor shall stay in the contest area for the first match, and the others stay in coach's area.
4.7 The contest shall start by the center referee's command "Joon-bi" and "Shi-jak".
4.8 After the referee declares "Keu-man", both teams shall enter the contest area with their head PSS firmly tucked under their left arms facing each other, and make a standing bow to each other following commend of the referee.
4.8.1 The referee shall declare the winner by raising own hand to the winner's side.

5 Weight Range: Total weight

5.1 Male Team:
The total weight of 4 competing athletes shall be 300kg or less.
5.2 Female Team:
The total weight of 4 competing athletes shall be 260kg or less.
5.3 Mixed Gender Team:
The total weight of 2 female athletes shall be 135kg or less
The total weight of 2 male athletes shall be 160kg or less.

6 Modified Competition Rules

6.1 Additional 5 points when referee counts for knock down

SPORT ENTRIES

Team entries will only be accepted through the WT GMS online registration system Simply Compete. **Only MNA Admins can register athletes for this event**.

Registration of athletes is only possible with a valid 2021 WT Global Licence (GAL issued by assigned GMS club, region and MNA Administrators only). Please find below the direct link to the WT GMS platform:

https://worldtkd.simplycompete.com/

Officials' Accreditation Cards Quotas		
Role	**Male Team**	**Female Team**
Head of Team	1	
Manager	1	
Coach	1	1
Trainer	1	1
Team Doctor or Physio	1	

REGISTRATION DEADLINE

18 March 2021, 23:59 CET

This deadline is applicable for all sport entries, payments and admitting all required documents.

APPLICABLE FEES

Individuals' Regular entry fee
150 euro per registered individual athlete.

Team Regular entry fee
150 euro per registered team

On-site Change of medal event (weight division)
⚠⚠⚠NO CHANGES ARE ALLOWED AFTER DEADLINE⚠⚠⚠

Additional Accreditation cards
50 euro for each on-site approved additional requested Accreditation card or additional officials' accreditation cards on the top of the above-mentioned quotas.

Protest fee
200 euro. In case of an official protest, a non-refundable 200 euro fee shall be paid.

Replacement of athletes
In case an athlete needs to be replaced after the deadline, this can be done maximum 48 hours before the draw will take place. A fee of 150 euro is applicable.

Replacement of Accreditation cards
25 euro for each replacement and reprinting request of accreditation cards.

PAYMENT ENTRY

All entry fees shall be paid in advance to the WTE Bank Account. Cash payments will **not** be accepted. All bank transfer shall be paid to the following bank account:

Beneficiary:	World Taekwondo Europe
Name of the bank:	Sparkasse ALK
IBAN:	DE32462516300000063271
BIC/SWIFT:	WELADED1ALK
Bank address:	Kölner Str. 10
	57439 Attendorn GERMANY

Payment reference
SOFIA2021 plus TEAM NAME

Example
SOFIA2021 Italian National Team

PROOF OF PAYMENT REQUIREMENT

All teams are required to send proof of payment (copy of bank transfer) to info@worldtaekwondoeurope.org within one (1) week after registration in Simply Compete or submit it at the registration appointment booking platform. Taekwondo Europe has the right to delete sport entries from teams that do not send proof of payment from the system in order for other athletes to register and to prevent 'ghost athletes'.

Any athlete registering on-line who does not take part in the competition and who has not been removed from the entry list before the deadline (18th March 2021), is liable for paying his/her entry-fee in full. (For any athlete not presenting at registration, his/her team or official will be liable for ensuring full payment has been received, prior to the team's participation). If a team does not show up at the event and has not requested a participation cancellation before the deadline, it will be requested to settle the payment of the entry fees in full (100%).

NO REFUND POLICY

Taekwondo Europe does not refund entry fees paid.

ACCREDITATION CARD DISTRIBUTION

Registered teams only receive the athlete and official's accreditation cards if all financial obligations have been fulfilled. For all registered athletes, the entry fee must be paid before the accreditation cards will be distributed to the respective team. Accreditation cards are personal and cannot be transferred. Misuse may be sanctioned.

SPORT EQUIPMENT

PSS – system
Daedo International Generation 2, with electronic headgear are provided by the OC.

Mats
WT recognized mats will be used at the event.

Dobok and protective equipment
Athletes can only use WT recognized products while participating at the event. See a list of recognized products at: http://www.worldtaekwondo.org/wtf-partners/recognized/

FIELD OF PLAY REGULATIONS

By accepting a Taekwondo Europe accreditation card, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo Europe events.

AWARDS

Individual awards
1st place – gold medal and certificate
2nd place – silver medal and certificate
3rd place – bronze medal and certificate
3rd place – bronze medal and certificate
Team awards
Best female team award: 1st, 2nd and 3rd place trophies
Best male team award: 1st, 2nd and 3rd place trophies
Best overall team award: 1st, 2nd and 3rd place trophies

Olympic general classification calculation system is used.

MEDICAL AND ANTI-DOPING

Accreditation for Medical staff

All medical staff of the respective teams have to apply for a Medical License. Only medical staff that has applied for or is in the possession of a valid CU Medical Licence shall receive an accreditation. For more information, please check the Taekwondo Europe website at: www.worldtaekwondoeurope.com

Applicable doping rules

The WT Anti-Doping Rules and the WADA Anti-Doping Code are applicable. Compulsory random doping tests will be conducted among all athletes. World Taekwondo and/or WADA may carry out random out-of-competition testing prior to the event. Therefore, all participating contestants are required to submit their latest and most accurate Athlete Location (Whereabouts Info) Forms to WT.

Therapeutic Use Exemption

Athletes who take any substance or medicine listed in the "Prohibited List" of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to visit the website of WADA and make online filing of their TUE applications on ADAMS. Report TUE applications also to the WT Sport Department via marcoienna@worldtaekwondo.org by no later than 16 March 2021.

ADAMS login

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or WT Sport Department at marcoienna@worldtaekwondo.org

For more details, please visit

http://www.wada-ama.org/en/ADAMS/
http://www.worldtaekwondo.org/medical-anti- doping/anti-doping/therapeutic-use-exemptions-tues/

MEDIA AND PRESS

Media accreditation

Registered media and press officials or official photographers are entitled to receive a media and press accreditation card. For more information, please contact the Taekwondo Europe Media department at info@worldtaekwondoeurope.org.

Photo positions

All accredited photographers are only allowed to use the designated photo positions while working in the Field of Play. By accepting a media and press accreditation, the

accredited person agrees to always follow the instructions of the Taekwondo Europe Media and Press officer.

ACCOMMODATION

Hotel accommodation

As the format of the event will be a bio-secured bubble, all accredited national teams participating at the event shall mandatorily book their hotel accommodation via the Organizing Committee. Any athlete or mixed team members that do not comply with this regulation will NOT be able to participate at the event.

Transportation

The Organizing Committee shall provide transportation between the airport and hotel and vice-versa for those teams that have booked their hotel via the Organizing Committee.

PLEASE REFER TO THE ACCOMMODATION & TRANSPORTATION FORMS/GUIDE (released in due time)

HASH TAGS & SOCIAL MEDIA

Hash tags

Taekwondo Europe uses the following hash tags:
#taekwondoeurope
#taekwondofamily
#tkdSofia2021

Social media platforms

Taekwondo Europe is present at the following social media platforms:
Facebook: @tkdeurope
Instagram: @tkdeurope
Twitter: @tkdeurope
YouTube Channel: Taekwondo Europe

INDEMNITIES

It is the responsibility of each registering team to ensure that their athletes and team officials have filled out the indemnification and commitment forms correctly and have duly signed them, thereby indemnifying WT, WTE, the Organizing Committee and all other officials and athletes from any claims of injuries, losses or otherwise arising in the course of participation at the Taekwondo Europe European Taekwondo Championships | Sofia 2021 or any activities linked therewith.

It is the responsibility of each registered team to ensure and guarantee that sufficient insurance coverage has been arranged for all athletes, team officials and other participants. Without sufficient insurance coverage, teams will not be allowed to compete.

Please fill out the Personal Indemnity and Commitment Forms and return them to the Organizing Committee before 18th March 2021. Each participant (athletes, team officials, etc.) has to fill out the indemnification form.

MEDICAL INSURANCE

All participating athletes, coaches, team officials, technical officials and participants at WTE events shall have mandatorily a medical insurance that covers medical care(COVID-19 included) and in case of emergency, repatriation to the country of origin, valid on the days present in the host country of the event. WTE nor the Organizing Committee shall be responsible to cover any medical costs incurred for medical treatment before, on or during the competition or repatriation in the broadest sense of the word.
All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs.

COVID-19 TESTING

In case a team representative or official needs to be PCR tested at any time during the competition or before departure, the OC could arrange the tests within 72 hours' notice at: office@taekwondo-bulgaria.org. The result of the test will be issued 24 hours after testing.

DATE	TIME	EVENT	LOCATION
06 April	14:00 - 18:00 hrs	Registration & Accreditation	Hotel Ramada
07 April	10:00 - 13:00 hrs	Registration & Accreditation	**Hotel Ramada**
	10:00 - 13:00 hrs	**Weigh-in: Male -54 kg, -58 kg Female -46 kg, - 49 kg**	
	13:00 - 14:00 hrs	Lunch break	
	14:00 - 18:00 hrs	Registration & Accreditation	
	TBD	Head of Team Meeting	**Hotel Ramada**
	21:30 hrs	Publication of drawsheets Competition Day 1	
08 April	07:00 hrs	Random weigh-in lists publication	Hotel Ramada
	08:00 hrs	Random weigh-in	
	09:00 - 13:00 hrs	*Preliminaries: Male -54 kg, -58 kg Female -46 kg, - 49 kg*	
	10:00 - 13:00 hrs	**Weigh-in: Male -63 kg, -68 kg Female -53 kg, -57 kg, TEAMs**	
	10:00 - 13:00 hrs	Registration & Accreditation	
	13:00 - 14:00 hrs	Lunch break in rotation	
	13:00 – 17:00 hrs	*Preliminaries & Semi-finals: Male -54 kg, -58 kg Female - 46 kg, - 49 kg*	
	17:00 - 19:00 hrs	*Finals & Medal Ceremonies: Male -54 kg, -58 kg Female - 46 kg, - 49 kg*	
	19:00 – 20:00 hrs	Opening Ceremony	
	21:30 hrs	Publication of drawsheets Competition Day 2	
09 April	07:00 hrs	Random weigh-in lists publication	
	08:00 hrs	Random weigh-in	**Hotel Ramada**
	Start at 09:00 hrs	*TEAM COMPETITION*	
	09:00 - 13:00 hrs	*Preliminaries: Male -63 kg, -68 kg Female -53 kg, -57 kg*	
	10:00 - 13:00 hrs	**Weigh-in: Male -74 kg, -80 kg Female -62 kg, -67 kg**	
	13:00 - 14:00 hrs	Lunch break in rotation	
	13:00 – 17:00 hrs	*Preliminaries & Semi-finals: Male -63 kg, -68 kg Female - 53 kg, -57 kg*	
	17:00 – 19:00 hrs	*Finals & Medal Ceremonies: Male -63 kg, -68 kg Female - 53 kg, -57 kg*	
	21:30 hrs	Publication of drawsheets Competition Day 3	
10 April	07:00 hrs	Random weigh-in lists publication	**Hotel Ramada**
	08:00 hrs	Start Random weigh-in	
	09:00 - 13:00 hrs	Preliminaries: Male -74 kg, -80 kg Female -62 kg, -67 kg	
	10:00 - 13:00 hrs	**Weigh-in: Male -87 kg, +87 kg Female -73 kg, +73 kg**	
	13:00 - 14:00 hrs	Lunch break in rotation	
	13:00 – 17:00 hrs	*Preliminaries & Semi-finals: Male -74 kg, -80 kg Female - 62 kg, -67 kg*	
	17:00 - 19:00 hrs	*Finals & Medal Ceremonies: Male -74 kg, -80 kg Female - 62 kg, -67 kg*	
	21:30 hrs	Publication of drawsheets Competition Day 4	
11 April	07:00 hrs	Random weigh-in lists publication	
	08:00 hrs	Start Random weigh-in	**Hotel Ramada**
	09:00 – 13:00 hrs	*Preliminaries: Male -87 kg, +87 kg Female -73 kg, +73 kg*	
	13:00 - 14:00 hrs	Lunch break in rotation	
	13:00 - !7:00 hrs	*Preliminaries & Semi-finals: Male -87 kg, +87 kg Female - 73 kg, +73 kg*	
	17:00 – 19:00 hrs	Finals & Medal Ceremonies	
⚠ ⚠ ⚠ TIMETABLE ALWAYS REMAINS SUBJECT TO CHANGE ⚠ ⚠ ⚠			

PERSONAL INDEMNIFICATION FORM

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE executed this on: _____ (insert date of signing).

I, the undersigned, certify that I will indemnify, hold harmless and release the World Taekwondo Europe, World Taekwondo and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an "Indemnitee" and, collectively, "Indemnitees"), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys' fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnitee as a direct or indirect result of participating in the Taekwondo Europe European Taekwondo Championships | Sofia 2021 in the broadest sense of the word.

By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue.

I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

Name: _____

Date: _____

Signature:

In case the person involved is a minor, the legal guardian has to sign:

Name: _____

Relation towards the

minor_____

Date:_____

Signature:

Please send this form to the Organizing Committee at the following email address:

LIABILITY DECLARATION
(only for under aged athletes)

My name:

I live in:

I am the parent/guardian of:

Date of birth (competitor): _____/_____/_____

I declare that I accept the participation of_____ at the Taekwondo Europe European Taekwondo Championships | Sofia 2021 and that I accept all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the aforementioned athlete and I understand that all competitors are considered to participate at their own risk. World Taekwondo Europe, World Taekwondo and the Organizing Committee assume no responsibility for any damages, injuries, or losses. All athletes must bring their own documents and the forms or any medical insurance in Bulgaria.

Place: _____ Date: _____

Signature of the parents/legal guardian:

Please send this form to the Organizing Committee at the following email address:

VISA ASSISTANCE FORM-

Important:

Please fill out this form and send it to: along with **passport copies** of all visa applicants and **Simply Compete Registration Summary**, to receive an invitation letter **no later than March 20th**

LOCATION of EMBASSY FOR VISA APPLICATION:

e-mail of EMBASSY: _____

Insert name of country: _____

Family name as shown in passport: _____

Given name as shown in passport _____

Date of birth: _____

Nationality: _____

Passport no.: _____

Passport date of issue: _____

Passport expiration date: _____

Name of the team: _____

Signature of the President:_____

Stamp of the federation:_____

Commitment Form

The following is a list of guidelines that you are requested to strictly adhere to, because we must ensure your safety for a successful competition and a safe return home and because the approval for this event has been granted by a special permission by the Government.

Please check each checkbox and submit it to the LOC with your signature at

office@taekwondo-bulgaria.org

You will not be able to participate in the competition in case you fail to follow these guidelines. Your cooperation is highly appreciated, not only to protect yourselves but also for the health of your friends and the people around you.

PREVENTIVE MEASURES FOR COVID-19

Negative PCR test before arrival is mandatory. ☐

Wear a face mask covering both mouth & nose except during competition and training. ☐

Maintain social distancing of at least 1.5 m with others except for unavoidable situations. ☐

Sanitize your hands and fingers where disinfectant is available. ☐

On the bus, each person must occupy seats that way to keep enough social distancing. ☐

Use of the locker/shower rooms is not allowed. ☐

Before entering the venue, your body temperature needs to be checked. ☐

ACTIVITY RESTRICTION

You must stay within your rooms in the hotel except for training, competition, and meals. ☐

Access to the competition hall is granted only to athletes & coaches on their fighting day. ☐

Access to spectators and guests is prohibited. ☐

Access to grandstands is prohibited ☐

EVENT

In case the LOC asks you for your cooperation outside of the competition, please cooperate with them to make the event better. ☐

During the event, please follow the instruction of the staff and help keep the competition running smoothly. ☐

Team Name : _____

Print your name:_____ Signature:_____

Coronavirus
COVID-19

TAEKWONDO EUROPE EVENT HEALTH PROTOCOL

INTRODUCTION

The purpose of this Code of Conduct during COVID-19 to prevent the spread of coronavirus (hereinafter “the Code”) is to provide the organizing team and all participants with an overview of health and safety aspects, and the requirements for organizing this Taekwondo Europe event held indoors in the situation of pandemic threat of COVID-19 disease.

The organizer of the competition acts in accordance with local laws and regulations, as well as follows the recommendations of government public health services to reduce the risk to a minimum. Continuous risk assessments, and monitoring of the situation and its changes at the national, and especially at the local level, will ensure valid compliance with the recommended and mandatory health and safety regulations and measures.

The organizer of the competition has taken a clear position and has a policy of personal responsibility. This position takes into account the legal aspects related to the organization of the competition during the pandemic and is made public to athletes, representatives and professional accompaniment of competitors and all those involved in the organization.

The document was prepared according to the instructions and harmonized with the local and national prescribed measures for public gatherings.

Scope

The document applies to all participants in the competition and all those who in any way participate in organization and implementation and defines instructions on how to comply with the recommended requirements that the organizer of the competition takes into account in order to protect the personal and public health of all participants:

- athletes
- professional teams accompanied by athletes: coaches, managers, physiotherapists, etc.
- Implementing and organizing committee / professional officials / competition officials
- volunteers and staff (sponsors and partners, OVR, hall insurance and support services)
- members of the medical service and anti-doping control
- media representatives and broadcasters

Roles and RULES

In order to avoid or reduce interactions between persons, the number of those who can attend the event is limited to only those necessary for the operations of the hall, the event and the competition itself.

After the organizer of the competition has established the epidemiological situation, a person has been appointed who is responsible at the event for risk assessment and for the implementation of epidemiological measures that reduce the possibility of infection transmission. This person(COVID-Coordinator) has the role of the central coordinator and the person responsible for communication among the participants in the

organization of the competition, ie the organizing committee, the hall managers, the relevant public health institutions and sports teams.

All associates are required to adhere to measures and recommendations to prevent the transmission of coronavirus infection.

Wearing a protective mask in such a way that it covers both the mouth and the nose is mandatory for all regardless of their place of action. Masks are worn in the official hotel of the competition, during the use of the transport service and during the stay in the hall, all the time and without exception, except in the case of competitors, during the competition (during fights).

If there is a need to replace gloves or a protective mask, used gloves and masks are thrown in specially designed baskets. Associates operating in the hall are obliged to adhere to the specified corridors of movement, and ALL COMPETITORS and COACHES must leave the hall IMEDIATELY after the fight.

The organizer will keep a register that includes contacts of competitors and members of their entourage, officials and professionals, which will facilitate the identification and monitoring of further contacts of potentially infected persons. The keeping of the register will be in accordance with local legislation and regulations, and in accordance with the protection of personal data. By accepting the work, volunteering or registering, all participants undertake to give a statement and accept the conditions prescribed by the organizer.

This rulebook is designed for and binds all participants in the organization who accept the stated instructions by taking over the official accreditation.

Participants/implementation/audience

In order to facilitate the use of this document, the organizer divided all participants in the organization into groups related to movement within the competition zone (hall) and participants outside the competition zone.

A. Competition zone (hall)

- Competitors / participants
- Referees / delegates / organizers / technical service
- Medical procedures / Warming places
- TV broadcast of the competition
- Anti-doping control
- Volunteers

B. Other participants in the organization who are outside the competition zone of movement (in front of the hall and hotel space)

- Employees
- Transport service / official drivers
- Physiotherapists / masseurs / medical service
- Media representatives
- Security service
- Logistics / goods acceptance / accreditation service

- Serving food
- Official accommodation

A. COMPETITION ZONE (HALL)

It is mandatory to wear masks, disinfect your hands and have your body temperature checked before entering the Competition Hall

Competitors / participants

COVID TEST! Due to the current situation in Europe, and in order to protect all our participants and the safe implementation of the competition, we ask ALL to have a negative PCR test upon arrival, which is valid on the day of the competition.

In addition, as a **bio-secured bubble format** will apply at this event all participants (athletes, coaches, trainers, officials, referees, staff, etc.) will be allowed to enter the event premises by presenting a negative PCR test. Participants that fail to present a negative PCR test will not be allowed access until they are tested.

IMPORTANT: Participants are NOT allowed to exit or leave the event premises until they complete their play or duties and they depart. Participants that exit or leave the quarantined premises before their departure will be automatically disqualified; them and their team in total. NO EXCEPTIONS APPLY.

Wearing a protective mask is mandatory at all times, except in the following situations:

- During a meal at the hotel, during the warm-up and during the fights.

Weigh-In

Each team will have to book a weighing appointment to avoid unnecessary gatherings. Follow the link mentioned in the outline to book your appointments.

All participants who attend the official weigh-in are required to disinfect their hands and wear a protective mask before entering the room.
Referees should wear protective gloves along with the protective mask.

Accreditation

Accreditation and registration will take place on scheduled appointments basis!
Follow the link mentioned in the outline to book your appointments.

It is necessary to print and bring accreditations that will be sent by e-mail by WTE upon

Hall

Access to the competition hall/area is allowed only on the day of the athlete's fight. Competitors will stay during the competition in their rooms or the designated waiting area. When the category of each individual competitor starts, the competitors go to the warm-up area accompanied by the coach (before entering, their temperature is measured), which they can enter 15 minutes before their fight. After warming up, the competitor and the coach enter the disinfection area where they get electronic equipment and go through the disinfection zone.

It will not be possible to use locker rooms, lockers and showers in the hall. Only the use of sanitary facilities will be allowed. It is necessary to have an identification document in the hall for the purposes of conducting doping control.

No close contact is allowed in the hall after the competition, and this refers to shaking hands, hugging or kissing for the purpose of celebrating the results of the performance.

At the medal ceremony the athletes and medal presenters are required to use masks and the medal presenters also gloves. The ceremony will take place without a handshake, and the person presenting the awards must also wear gloves.

Athletes' statements after the competition will take place at a distance from the journalist in charge, and other members of the media will follow the statement live.

Referees / delegates / organizers / technical service

Participants in this sector are considered to be all those who are within the competitive movement zone. Referees, delegates, organizers as well as the technical service should also have their movement in the hall restricted, avoid approaching competitors wherever possible, and have a chosen place to stand and sit.
The tatami mat should be wiped and sprayed with disinfectant on a regular basis. Equipment (helmet and body protector) should also be sprayed with disinfectant after the fight.

Persons in charge of collecting, transporting and returning the equipment should clean their hands with disinfectant or use disposable gloves and throw them away after handling the equipment.

Centre referees must wear protective gloves along with the protective mask.

Medical procedures / Warming places

Every person must be considered potentially contagious; therefore, athletes and medical staff are required to wear protective equipment at all times. A handwashing and disinfection protocol will be implemented upon entering and exiting these rooms and between each intervention by the medical staff.

TV broadcast of the competition

Each member of the transmission team should be subject to an individual risk assessment of infection, and those at increased risk should obtain a medical permit after passing one of the protocols.

Part of the transmission implementers working in the hall should remain on their workstations for as long as previously defined. They should avoid unnecessary conversation, adhere to measures of physical distancing.

During the stay in all zones under the authority of the organizer, it is mandatory to wear a mask. The national host of the broadcast is obliged to submit to the organizer the schedule of movements of all participants in the television broadcast.

Volunteers

Volunteers are required to adhere to measures to prevent the spread of infection at all locations where they are deployed. It is mandatory to wear a protective mask that covers the mouth and nose and frequent hand disinfection. Used gloves and masks should only be stored in specially designed containers. Disinfection of tatami mats and equipment is done in a way that does not disturb the athletes and does not come in their immediate vicinity. It is necessary to take care not to enter the zone of movement of the athlete.

Asking for autographs or taking photos with athletes is not allowed.

B. OTHER PARTICIPANTS IN THE ORGANIZATION WHO ARE OUTSIDE THE COMPETITION ZONE OF MOVEMENT

Employees

Competition staff were deployed in multiple smaller groups and multiple rooms to reduce the risk of infection transmission. They are obliged to wear protective masks throughout their stay in front of the hall and to disinfect their hands when entering and leaving the room in which they work.

The joint meetings necessary for the implementation of the competition will be held outdoors with the obligatory wearing of protective masks.

Employees of the competition are considered to be all persons who are connected with the organizer through an employment relationship, employment contract, student contract or as volunteers, and reside in front of the hall.

Transport service / official drivers

Accredited persons will be transported from the airport directly to the hotel by car or bus where all passengers and drivers will wear face masks and sit in compliance with the physical distance rule prescribed by the local authority with a recommendation of 1.5 to 2 meters.

For all participants who will be accommodated in one of the official hotels, and away from the venue of the competition, shuttle service will be provided according to a predetermined schedule with predefined names of competitors and other participants.

Official buses, cars and vans

In cars, accredited persons will drive exclusively in the rear (back of the car). Drivers strictly follow the rule of the given distance, constantly wear protective masks, and disinfect and ventilate the vehicle after each ride and accept only one passenger or if there are two people from the same team.

In official vans, accredited persons will be assigned to seats with the prescribed physical distance provided. It is not allowed to fill the entire capacity of the vehicle. Drivers strictly follow the rule of the given distance, constantly wear protective masks, and disinfect and ventilate the vehicle after each ride and receive only the agreed number of passengers.

In buses, accredited persons will be seated with the prescribed physical distance provided. It is not allowed to fill the entire capacity of the vehicle. Drivers strictly follow the rule of the given distance, constantly wear protective masks, and disinfect and ventilate the vehicle after each ride and receive only the agreed number of passengers.

All participants are advised not to use public transport.

Physiotherapists / masseurs / medical service

All team members who will perform massage and physiotherapy services are recommended to perform PCR testing 48 hours before the arrival of the athlete.

Media representatives

Media center and press stands
Media representatives are required to wear face masks. The organizer will ensure proper disinfection of the area where the media will be before opening, as well as cleaning and disinfection of the space every few hours. It is mandatory to keep a distance of 2 meters.

The official press conference should be held in the open if possible with a limited number of media representatives. By coming to the official press conference, it is necessary to adhere to all the measures prescribed for the competition.

Press area
Only journalists, cameramen, members of the organizing committee and medical staff are allowed to enter the press zone.

Photographers
The number of photographers in the hall will be limited and reduced to a minimum. Photographers should wear masks and must pass an individual risk assessment. Their movement through the hall should follow the same one-way path as other accredited persons.

Security service
Security guards will be deployed in the movement zones. In addition to all other measures, wearing protective masks is mandatory, as well as frequent hand disinfection.

Logistics
Acceptance of goods that are necessary for the organization of the competition will be done in the open space at the front or the back of house. All participants and partners who must deliver their equipment should adhere to the schedule of delivery and collection of goods. It is mandatory to wear a mask, disinfect your hands and keep a distance of 2 m.

Serving food
Food serving services in the hall will be in accordance with the prescribed measures of the competent authorities for this type of activity. All accredited persons and with a license to perform this activity will provide the organizer with information on employees who will work as part of the organization of the competition.

Official accommodation
Official accommodation is mandatory for all participants except competitors from the host city.

All accredited persons should strictly adhere to the hotel's rules on physical distance and all other measures to prevent the spread of the COVID-19 disease epidemic.

It is mandatory to wear masks, disinfect your hands and measure the temperature when entering the hotels. A special room should be provided in the hotel where meals will be served to the event participants to avoid interaction with other guests in the hotel. The distribution of food will be carried out in accordance with the rules and measures to prevent the spread of infection. Staying in the restaurant should be short, and removing the protective mask is only allowed during the meal.

Athletes are not recommended to stay and move in the lobby, restaurant and other rooms of the hotel.

Audience/Spectators

Audience/Spectators **will not** be allowed during the competition.

VIP

The protocol service will provide VIP guests with clear instructions on how to behave during the opening ceremony and/or competition. VIP guests must wear face masks and disinfect their hands when entering the hall. They should be seated at preassigned seats.